

LOCAL LINKS

www.locallinksmedia.co.uk

www.facebook.com/locallinks magazine

ISSUE 125

FREE

TASTE THE SEASONS

Health benefits of lovely leeks

CALYPSO-CALAPSO

England's Cricket Catastrophe

WIN a £250 VOUCHER

from Top Furniture

Check out our

What's On Guide

full of local and community events

Your independent, free local magazine

Delivered free to Branston, Brizlincote Valley, Stretton, Rolleston on Dove & Walton on Trent

Imagine a hospital with no waiting lists.

There are no waiting lists at Nuffield Health Derby Hospital so you can focus on getting better faster.



We're open to everyone and our treatment prices are all-inclusive*, covering everything from your procedure through to recovery.

Interest free loan options are available to help you spread the cost of getting better faster.

Why not come along to one of our FREE events?

Laser Eye Surgery

Wednesday 27th February 2019 – 6.00pm

Mr M Anandan, Consultant Ophthalmic Surgeon

Varicose Vein Surgery

Thursday 14th March 2019 – 6.00pm

Mr M Lingam & Mr J Quarmby,
Consultant Vascular Surgeons

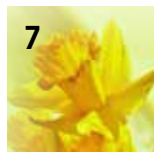
- Cataract surgery
- Cosmetic surgery
- Hernia surgery
- Hip & knee replacement
- Laser eye surgery
- Varicose vein surgery
- Vasectomy reversal

Call **0845 603 4346**

or visit nuffieldhealth.com/book

Nuffield Health Derby Hospital
Rykneld Road, Littleover, DE23 4SN

LOCAL LINKS



ISSUE 125

SALES

Heather Digby
Sarah Deakin

DESIGN

Liona Baldwin

ACCOUNTS

Jan Evans

01283 564608

local@locallinksmedia.co.uk

Local Links Media,
Suite 29,
Anglesey Business Park,
Anglesey Road,
Burton-on-Trent,
DE14 3NT

www.locallinksmedia.co.uk

facebook.com/
locallinksmagazine



CONTRIBUTORS

Including:
Angela Sargent, Perry Deakin,
Rebecca Tucker, Simon
Richardson, Top Furniture

Dear Readers,

The days are getting longer and soon the spring flowers will start making a push to get out of the ground and pop their cheery heads up. Even though it's getting lighter there's still some opportunities for comforting food and what could be better than Pancake Day! Bored of your usual toppings? We've got some interesting flavours for you to try!

Ever wanted to be a super hero? Well you can be... and no you don't have to jump around rooftops in spandex. We're urging everyone to join the organ donor register, you'll be surprised at just how many people's lives you could make a big difference to! We certainly were!

And after 'Dry January' why not go back in with a bang? Absinthe Day is coming up!

Best wishes to all you heros!

The **LOCAL LINKS** team



- Extensions
- Conversions
- Commercial Buildings
- New Builds
- Self Builds
- Planning Applications
- Building Regulations

Call us on 01283 499451

www.nichearchitecture.co.uk

enquiries@nichearchitecture.co.uk

Next issue deadline:

Tue 5th March

Next issue out from:

Wed 13th March

This magazine
delivered free to:

Branston,
Brizlincote Valley,
Rolleston,
Stretton &
Walton on Trent

We also deliver a
magazine free to:

Alrewas,
Barton,
Fradley,
Rangemore,
Tatenhill &
Yoxall

DISCLAIMER - The accuracy or content of any advertisement is not warranted by Local Links Media, nor do Local Links Media endorse or guarantee any of the products or services advertised, except any advertisement expressly relating to our services. We are not to be held responsible for any inaccuracies in the adverts nor to any consequences arising from inaccuracies. We are not to be held responsible for error in printing, damage or loss. It is the advertisers responsibility to ensure conformity with the Trades Descriptions Act 1975; Business Advertisements Disclosure 1977; Sex Discrimination Act 1975; and consumer Credit Act 1974. All artwork created by Local Links Media remains the property of Local Links Media and therefore must not be used in any other media without permission, as this is a breach of copyright laws.



THE ALPHABET GIFT SHOP



Fabulous Personalised Gifts & CoSy Coffee Shops

44 Station Rd, Mickleover DE3 9GH T 01332 513033

www.thealphabetgiftshop.co.uk

OPEN Mon-Sat 9 - 5.30, Sunday 10-3pm

9-10 Union Street, Burton-on-Trent DE14 1AA T 01283 749933

OPEN Mon-Fri 8.30 - 5.30, Sat 9-5.30, Sunday 10 - 4pm



Our Next Steaming Day 23rd & 24th February 10am - 5pm

First steaming of the New Year - 3 of our 4 giant beam engines in steam and more than 20 smaller stationary engines running.

Children's activities.

Hot food in our Stoker's rest Café.

Admission prices on Steaming Days:

Adults £6.50 - Concessions £5.50 - Children £3 - Family £16

Admission on all other days is free. Donations welcome.

www.claymills.org.uk

01283 509929

Meadow Lane, Stretton,
Burton-on-Trent, DE13 0DA



Claymills
Victorian Pumping Station



Meadowview
GARDEN SERVICES

- ✓ Hedge trimming and shaping
- ✓ Hedge removal
- ✓ Grass mowing /edging
- ✓ Garden clearance
- ✓ Ground maintenance
- ✓ Full waste carriers license
- ✓ Planting
- ✓ Woodchip
- ✓ Logs for sale
- ✓ Fully insured



M: 07835 218 041 T: 01283 763572

E: gt.meadowview@gmail.com

W: www.meadowviewgardenservices.co.uk

ART CLASS STARTS SOON

SPRING COURSE
BOOKING TODAY!

ABSOLUTE BEGINNERS TO IMPROVERS WILL LOVE THIS COURSE!

GREAT NEWS if you're looking for something fun to do over the next few months! We are now taking enquiries for a **NEW 14 week part-time Art Class** (once a week for three hours), which starts soon in your area.

Absolute Beginners to Improvers - Just Like You!

The course is designed to be fun for absolute beginners who have never picked up a brush before, through to improvers.

Step-by-Step Guidance

We adapt to each student's needs and give them all the guidance and help they need to develop their artistic skills. The curriculum is fun, comprehensive and interesting. Over the course we will explore four different media; pencil drawing & sketching, oil pastel painting and techniques, painting and blending with water colours and acrylics. Step-by-step tuition in the basic



techniques and secrets needed to create beautiful pieces of art.

Still Life To Landscapes

By the end of the course, students have created a minimum of 12 pieces of their very own original art they can enjoy forever, from simple still life and flower studies to beautiful countryside landscape scenes.

Fun, Easy Classes

Learn to draw faces, friends, family, pets in the first few weeks. We make it fun and easy for you.

Young at Heart

Learn new skills you will enjoy forever, meet new friends and to have a fun experience you will always remember! It's open to adults of all ages and runs over 3 months – plenty of time to master your new hobby.

Limited Places

To maintain our high standards of tuition, classes are restricted to small numbers – so places are limited!

For information on dates, course fees and bookings, call now on

01283 562 527

- **Absolute Beginners to Improvers - Just Like You**
- **Three hours once a week, mornings or afternoons**
- **Meet New Friends, Learn New Skills**

YOUR NEW ART CLASS

Bring out your inner artist

Riverside Hotel, Burton on Trent

Limited Spaces - Call now for details

01283 562 527

the
Seasons
Art Class

Has Your Double Glazing Steamed Up?

All Glazing Backed By Our
25 YEAR GUARANTEE

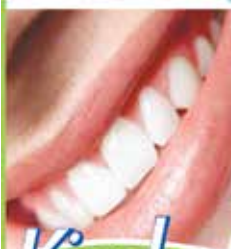
Priority Freephone
0800 61 21118

cloudy2 CLEAR
WINDOWS
REPLACING YOUR FAILED DOUBLE GLAZING



www.cloudy2clear.com

B
BEAUTIFUL DENTURES
Look Young & Feel Great!



- 1 hour repair service
- New dentures made with the latest looking teeth
- The latest techniques to get the best possible fit including comfort soft linings
- Cosmetic dentures from the smallest fitting to the widest
- Sports guards now available

Kind **dent** Denture Care

Jamie Wright CDT RCS (Eng)
Richard Hazzledine RDT CDT RCS (Eng)
Call for a FREE consultation, home visits available.

01283 546161

www.beautifuldentures.co.uk
enquiries@bdentures.co.uk
George Street, Burton-on-Trent DE14 1DP



GAROLLA
ROLLER SHUTTER DOORS



Approved
Acoustic & Thermal
Insulation

Brush Sealed Rails &
Thermal Insulation

No Deposit,
Pay on Completion

18 Colours Available

THERMALLY INSULATED ELECTRIC GARAGE DOORS!



GAROLLA can save a lot of space inside your garage. Rolls up vertically into a box. Takes only 8 inches of headroom! Opens vertically so you can park up close to the door. Remotely open/close the garage even from inside your car.

LIMITED OFFER - was ~~£1354~~

NOW ONLY £895

inc.VAT, Fully Fitted!
MADE TO MEASURE, CALL US TODAY

SAVE
£459!

FREE DISPOSAL OF OLD DOOR!

01283 430 233 **07537 149 128**

Phone lines Open 7 Days a Week

- offer valid for openings up to 2.6m wide & inc: 2 remote keys, 55mm white slats, internal manual override -

Wonderful Welsh Words

You know spring is on the way when the bright daffodils start appearing, sometimes it feels like a Welsh invasion with the flower being the national emblems of our dear neighbours. Good timing for these pretty yellow flowers as St. David's Day, the patron saint of Wales, is on the 1st of March.

Wales has adopted the daffodil as its flower somewhat by mistake! The Welsh for leek (the original national emblem) is Cenhinen, while the Welsh for daffodil is Cenhinen Pedr. Over the years they became confused until the daffodil was adopted as a second emblem of Wales.

The Welsh language is musical and to the outsider can seem quite unfathomable. So, to help you on your way, here's some words for you to test your self with!

Hello - Shwmae (pronounced sh-may) is an informal greeting.

Peach - is known as the "eirin gwlanog" (ay-reen glan-og), literally translated as woolly plums, how cute!

Microwave - Now, we hate to break it to you, but it isn't 'Popty-ping'. The Welsh word for microwave is "meicrodon" – "meicro" being Welsh for micro, and "don", the mutated

word for ton (tohn), literally means wave. And "ffwrn" just means oven.

Butterfly - Pili Pala (pilly palla), we love this one but there's another word for butterfly "lar fach yr haf" which means "little summer chicken", so we think we love that one a little bit more!

Carrot - Moron (moh ron), no family dinner is complete without them!





New Oak Doors

Replacement Doors & Staircase Refurbishments

"This is the 3rd time I've used New Oak Developments for my home. Simply faultless service. Punctual, expert quality, lots of care for your home and the guys are great. Thanks to Malcolm for all his work on my house and to Simon for his work on our upstairs doors too. Really close attention to detail and polite and helpful throughout. Carpenters or any contractors of this pedigree are rare these days! When we come to move house we will certainly use New Oak Developments again. There is no better recommendation than repeat service".







Tel: 01773 821531 Mobile: 07920014535

Email: sales@newoakdoors.co.uk

Web: www.newoakdoors.co.uk





M C B Electrical

OVER 25 YEARS EXPERIENCE



- Rewires, New Builds, Extensions
- Consumer Unit Upgrades
- Showers, Cookers, Heating
- Sockets & Telephone points
- Internal / External lighting
- Testing & Inspecting
- Fully Insured & Compliant to IEE Regs



Free, Friendly, No Obligation Quote

Tel: 01283 532074

Mob: 07890 003 979

Email: m.c.b.electrical@btinternet.com

Web: www.electriciansinburtonupontrent.co.uk

5 Nicklaus Close, Branston, Burton on Trent, Staffordshire DE14 3HP



Perfect presents for Mothers Day
Made with love by you ... with our help!



For all children aged from 0 to 100 yrs!
Great family fun for all Generations
to enjoy together on our narrowboat

Barton Marina, Barton under Needwood, DE13 8AS

Tel: 01283 711341 www.themugtug.co.uk



FIREPLACE GALLERY

Est 1994

Visit the largest fireplace showroom in the area and see our huge range of multi-fuel stoves, gas and electric fires. Including our great selection of marble, stone and wood fireplaces.

Also cast iron inserts as well as chambers for all stove appliances.

We supply all manner of fireplace accessories, including safety guards and screens, companion toolsets, coal buckets and log holders.

01283 509 003

www.fireplacegalleryuk.co.uk

Unit 2, Eccleshall Park, Hawkins Lane Burton on Trent DE14 1PT
Next to Plumbase

- Open Mon-Sat
- 9am-5pm



Pancake Perfection

We always get caught out by Pancake Day! It's one of those days that just sneaks up on you so this year we're determined to be prepared for Tuesday 5th March. Pancakes are far more versatile than you think, why not make them your whole dinner for Shrove Tuesday?

Savoury!

Ham & cheese

Cut up some ham and chives finely and mix into your pancake batter. When the pancakes are cooking on their second side, sprinkle your pancake with grated cheese so that it melts.

Broccoli & smoked salmon

Mix small pieces of cooked broccoli with small ripped up pieces of smoked salmon. Drizzle with sour cream and season to taste.

Leek & mushroom

Fry your mushrooms and leeks together in a pan with some garlic. Stir in a couple of tablespoons of soft cheese.



Sweet!

Fluffernutters

When you've flipped your pancake sprinkle with mini marshmallows and dot with peanut butter.

Mint & mango

Warm some rum and sugar in a pan, heat gently until the sugar is dissolved then remove from the heat and add pieces of fresh mango and lime zest. When cool, add freshly chopped mint and serve with natural yogurt.

Raspberry cheesecake

Add a squeeze of lemon and some sugar to some raspberries and wait for them to break down a little. Sweeten some soft cheese with icing sugar and vanilla extract to taste. Drain the raspberries and gently fold into the sweet cheese mixture. Use to fill your pancakes.



Tiny Toes

East Staffordshire
Children's Centre
Waterloo Street
Burton on Trent
Staffordshire
DE14 2NJ

- Staffed by fully qualified, experienced, dedicated professionals in childcare.
- FREE places available for 2*, 3 and 4 year olds
- 'Good' OFSTED report.
- Meals freshly prepared on site
- 30 free hours funding accepted

SPECIAL OFFER!

BABIES ONLY*

One month free childcare for 0-2 year olds.

*Terms & conditions apply

For more information call
Manager Christine Leeman on:
Telephone - 01283 741343 or
Email - eaststaffs@tinytoez.com
www.tinytoez.com

L&P Property Maintenance

- ALL TYPES OF ROOF REPAIRS
- EXTERIOR DECORATING
- PLASTERING
- UPVC FACIAS SOFITS
- GUTTERING
- JET WASHING DRIVES PATIOS
FACIA'S & GUTTERING

We are a family run business with
over 25 years experience.

FOR A FREE QUOTE CALL:
01283 310885 or 07413582565

D-I-Why?



from as
little as
£15

GreenThumb's annual treatments ensure your lawn looks lush, green and healthy. With prices starting from £15 per treatment, your lawn nightmare will soon be history.

Call your local branch today for a FREE lawn analysis and no obligation quote on:

0800 0111 222

GreenThumb
LAWN TREATMENT SERVICE



Find us online at: www.greenthumb.co.uk

By The Barn *by Angela Sargent*



According to hubby, "January's a foul month and February's worse!", but at least the days are starting to draw out now and it's a short month with Spring on the other side.

This winter so far has been very mild and dry and, following on after a dry summer and autumn, means the potential for a dry/hot summer like in 1975/76 seems possible and maybe shortages of grass and fodder again - who knows? The reservoir levels seem quite low too.

This month sees the national farmland bird count again - a bit like the RSPB garden bird count, although it's usually cold, wet and blowing a gale when I decide to do ours.

It's also "Februdairy", a response to "veganuary" and a chance to repudiate some of the claims made against the dairy and farming industry. For instance, there is a whole world of difference between the cattle industry in this country and that of the US feedlot ranch style.

PAINTER & DECORATOR



- High Class Finish
- Competitive Prices
- Friendly, Reliable Service
- Free Quotations

Contact Michael

07979 921895

01283 362279

e-mail: mgdecorator@yahoo.co.uk

44 Hurst Drive, Stretton, Burton upon Trent, DE13 0ED

Architectural Design

niche
architecture



- Planning Applications
- Building Regulations
- Building Design



We provide the complete architectural service from planning through to construction. Our drawings are of the highest quality and accuracy with exceptional attention to detail. Please contact us for a free no obligation initial consultation.

Call us on 01283 499451

www.nichearchitecture.co.uk

enquiries@nichearchitecture.co.uk

Dry Carpet Cleaning

zeroTMdrytime

Dry Carpet, Upholstery & Hard Floor Cleaners

- Removes spills & spots
- Sanitize & deodorise
- Deep cleans & lifts carpet pile

Picture this... in your home

**Nice Fresh Clean
Upholstery on
Leather • Suede • Fabric**



Locally based

You can call us for FREE on

0800 180 49 30

zerodrytime.com

**Get Main Room Cleaned
save 50%
on all further rooms
+ Free Stain Protection**

We also clean hard floors, tiles inc Grout, Karndean, Amtico and Wooden floors - Ask for a quote



TJ PARRY & FAMILY

INDEPENDENT FUNERAL DIRECTORS

Our family, caring for your family



- Private Chapel of Rest
- Traditional hearse and fleet
- Floral and masonry services
- 24 Hour professional and personal service
- Traditional values with a modern approach
- Pre paid and pre arranged funeral plans
- Dove Bereavement Support Group
- Horse drawn carriage, VW hearse, motorbike hearse and alternatives available

01283 205285

info@tjparryfunerals.co.uk

www.tjparryfunerals.co.uk

2 Britannia House - Station Street -
Burton upon Trent - DE14 1AX



Prestige Security Solutions

Roller Garage Doors - Industrial Shutters - Awnings
Retractable/Fixed Grills - Glass Verandas

**We also supply sectional garage doors
and composite front doors**

REMOTE CONTROLLED | INSULATED | FULLY INSTALLED

ROLLER GARAGE DOORS

SINGLE £799.00 | DOUBLE £1150.00

High Security | High Quality | Wide Range of Colours
Fully Insulated | Quiet, Smooth Operation
Remote Controlled | Emergency Override



0116 278 5278

www.prestigesecuritysolutions.co.uk



WE COVER
ALL OF THE
MIDLANDS

Multiple Personalities

Sixteen types to be exact! Did you know that one of the most widely used personality tests is the Myers-Briggs Type Indicator? If you're curious to find out which of these 16 types you are, you can check out the full test here: www.16personalities.com

Analysts

Architect:

Imaginative and strategic thinkers with a plan for everything.

Logician:

Innovative inventors with an unquenchable thirst for knowledge.

Commander: Bold, imaginative and strong-willed leaders, always finding a way - or making one.

Debater: Smart and curious



thinkers who cannot resist an intellectual challenge.

Diplomats

Advocate: Quiet and mystical, yet very inspiring and tireless idealists.

Mediator: Poetic, kind and altruistic people, always eager to help a good cause.

Protagonist: Charismatic and inspiring leaders, able to mesmerize their listeners.

Campaigner: Enthusiastic, creative and sociable free spirits, who can always find a reason to smile.

Sentinels

Logistician: Practical and fact-minded individuals, whose reliability cannot be doubted.

Defender: Very dedicated and warm protectors, always ready to defend their loved ones.

Executive: Excellent administrators, unsurpassed at managing things - or people.

Consul: Extraordinarily caring, social and popular people, always eager to help.

Explorers

Virtuoso: Bold and practical experimenters, masters of all kinds of tools.

Adventurer: Flexible and charming artists, always ready to explore and experience something new.

Entrepreneur: Smart, energetic and very perceptive people, who truly enjoy living on the edge.

Entertainer: Spontaneous, energetic and enthusiastic people - life is never boring around them.

What kind of personality type best describes you?

Steve Frost

Windows. Doors. Conservatories. Fascia.

UPGRADE YOUR OLD CONSERVATORY ROOF FOR A NEW ALL YEAR ROOF

Replacing your old conservatory roof to a new warm roof stops you feeling cold in winter and too hot in summer.

- Upgrade your double-glazed units to planitherm energy saving glass, with argon gas infill and warm edge spacer bar to save more heat.
- All windows, doors and conservatories are made to suit your individual taste and design.
- We are always happy to arrange viewings of past installations to see our full quality and range available.

For your free no obligation quotation contact us on:

01283 701 458

email: steve@villagec.co.uk

65 Findern Lane, Willington, Derby, Derbyshire, DE65 6DW



We're on your side

In a difficult separation you may not know where to turn. Seeking legal advice isn't easy, but it can help put your mind at ease.

Martin Astle is accredited with the family law specialist group, Resolution. With your best interest at heart, he provides sensitive and considered guidance to steer you on the best possible course.

BUSINESS & COMMERCIAL · CONVEYANCING · FAMILY · LITIGATION · WILLS, INHERITANCE TAX & PROBATE · EMPLOYMENT

01283 531366

www.astlepaterson.co.uk

Clay House, 5 Hominglow Street
Burton upon Trent
Staffordshire, DE14 1NG

Martin Astle

Director & Solicitor: Head of
Divorce & Family and Notary Public



All Seasons Landscapes

No Deposit Required
No Hidden Charges
All Work Guaranteed
Fully Insured
Free Estimates

Visit Our Website For More Information:
www.allseasonslandscapesuk.com

• Fencing • Patios • Paths
• Brickwork • Paving

Mob: 07393 517 343
Tel: 01283 807558

5 Dovedale, Draycott-in-the-Clay, Ashbourne, DE6 5GX



**Wood End Lane
Lichfield
Staffordshire
WS13 8NF**

01543 418419

www.midlandkarting.co.uk

THE MIDLAND



KARTING EXPERIENCE

Over 17 years of karting experience means this facility is one of the top karting outdoor circuits in the UK. Whether you're looking for a family fun day out or a team building event with a difference or a corporate hospitality day.

- Endurance, Sprint & Grand Prix Racing
- Stag & Hen Parties
- Mini Moto / Pit Bikes
- Corporate
- Family
- Adults
- Gift Vouchers

**Book online or call
us to reserve.**

10% OFF
**WHEN YOU
BOOK ONLINE**



Be A Superhero

Often we look at the news and see marvellous feats of bravery where a stranger will put their life on the line to save another, but did you know that we all have the power to save many lives without sacrificing anything at all? That's right. If you donate your organs after your death, you can save up to nine lives. Furthermore, you can enhance up to 50 more lives. These are people with names: children, sisters, brothers, mothers, fathers, uncles, aunts... The most special thing is that, in a way, if you donate your organs, you continue living even after you pass away.

Sometimes it is not possible to accept organs from donors due to health reasons. Having an illness or medical condition doesn't necessarily prevent a person from becoming an organ or tissue donor, but the decision about whether some or all organs or tissue are suitable for transplant is made by a medical specialist at the time of donation, taking into account your medical, travel and social history.

There are very few conditions where organ donation is ruled out completely. A person cannot become an organ donor if they have or are suspected of having:

Creutzfeldt-Jakob (CJD)	Disease
Ebola virus disease	

Active cancer
HIV or hepatitis C

Someone with current active cancer cannot become an organ donor. However, it may be possible for people with certain types of cancers to donate after three years of treatment. It may also be possible to donate eyes and some tissue in these circumstances.

In rare cases, the organs of donors with HIV or hepatitis C have been used to help others with the same conditions.

If you want to be a superhero, then we would recommend taking good care of yourself and your body throughout your life by living as healthily as possible to leave some top notch organs! But if kebabs are your thing, not to worry, your organs are just as useful too!

More donors from black, Asian and minority ethnic groups are urgently needed to address an increase in patients from the same communities dying whilst waiting for an organ transplant.

One in five people who died on the Transplant Waiting List last year were from a black, Asian or ethnic minority background.

But why does ethnicity matter in organ donation? People from black and Asian communities are more likely to develop conditions such as high blood pressure, diabetes and certain forms of hepatitis than white people. This makes them more likely to need a transplant.

Blood and tissue types need to match for a successful transplant.

Although many black and Asian patients are able to receive a transplant from a white donor, for many the best match will come from a donor from the same ethnic background.

While some people with a black or Asian background go on to donate when they die each year, this is not enough to meet the needs of all patients waiting for a transplant from those communities.

Most importantly you need to register. So why not register now and be a superhero: **www.organdonation.nhs.uk**



Dirty Oven?

Karen's £5 Off
Ovengleam Promotion*

Ovens, Hobs, Agas,
Microwave Ovens,
Range Cookers,
Cooker Hood
Extractors, etc.

Biodegradable, fume free,
non corrosive.

**Spectacular
Results!**

Find us on Facebook
[www.facebook.com/
karensovengleam](http://www.facebook.com/karensovengleam)

01283 500065

www.karensovengleam.com

Your Local Oven Cleaning Specialist

*Terms and Conditions apply. See www.karensovengleam.com

THE CAT FEEDER

The service I offer is to come feed and fuss your cat/s whilst you are away on holiday, at work or even a hospital stay, whatever your needs I can work around them. Go away knowing that your cat/s are happy in the comfort of their own home.

- References available
- DBS Police checked
- Fully Insured
- Text messages sent to reassure you whilst you are away

Burton and all surrounding areas covered.

Leanne Maxwell

www.thecatfeeder.co.uk

Landline 01283 531697

Mobile 07967 967560

A collage of four photographs showcasing different wooden furniture items: a bedroom set with a white bed frame and yellow bedding, a dining table with four chairs, a large wooden hutch or sideboard, and another bedroom set with a white bed frame and yellow bedding. The word 'TOP' is prominently displayed in the center, with 'FURNITURE' written below it.

TOP
FURNITURE

VISIT US AT STATION ROAD, UTTOXETER, ST14 8AX
WWW.TOPFURNITURE.CO.UK • TEL - 01889 560999

be slim for life

with Slimming World



MONDAY

St Modwens Primary School
Tutbury Road DE13 0AJ
5:30pm & 7:30pm
07403 654158

TUESDAY

Stapenhill Immanuel Church
Hawthorn Crescent DE15 9QW
9:30 am
Stacey 07919 891195

Shobnall Leisure Complex

Shobnall Road DE14 2BB
5:00pm and 7:00pm
Georgina 07496 724715

Barton Village Hall

Crowberry Lane DE13 8AF
5:30pm & 7:30pm
Donna 07510 110632

WEDNESDAY

Burton Library
High Street DE14 1AH
5:00pm and 7:00pm
Michelle 07841 873973

John of Rolleston School

Chapel Lane, Rolleston DE13 9AG
5:30pm & 7:30pm
Gina 07962 161774

THURSDAY

Branston Scout HQ
Main Street DE14 3EY
9:00am
Stacey 07919 891195

Burton Library

High Street DE14 1AH
9.15am and 11.15am
Michelle 07841 873973

Paget High School

Burton Road, Branston DE14 3DR
5:30pm & 7:30pm
Stacey 07919 891195

FRIDAY

Meadowside Leisure Centre


High Street DE14 1TL
9:00am & 11am
Georgina 07496 724715

SATURDAY

De Ferrers Sixth Form Campus

Waterloo Street, DE14 2EB
8:00am & 10:00am
Caroline 07816 486833

slimmingworld.co.uk

0344 897 8000   



BOOK ONLINE OR CALL: 01283 544389

- All skip sizes
- All areas
- Same day delivery
- Now offering Grab Hire
- Fully Licensed
- Road Permits Arranged



Nicolson Way, Off Wellington Road, Burton on Trent, Staffs DE14 2AW

FAMILY RUN BUSINESS, FRIENDLY STAFF, QUICK RESPONSE
www.golding-skips.co.uk



GOLDING
SKIP HIRE



DO YOU NEED A CLEANER?

Affordable, Reliable,
Experienced, Professional

W: www.diamondhomesupport.com

E: joe@diamondhomesupport.com

T: 01283 599224

Fully Insured
Choose from Weekly, Fortnightly or
Monthly Cleans
Same Cleaner Every Clean
One off Deep Cleans
Landlord Cleans

Diamond Home Support
offer domestic cleaning,
ironing and other
domestic duties.



**DIAMOND HOME
SUPPORT**

BOILER REPAIR MAN 07503 882189

Gas Boilers Installed
Serviced & Repaired

Gas Fires Serviced
& Repaired

Central Heating
Systems Flushed

High Efficiency
Radiators Fitted

Landlords Gas Safety Certificates



Call Jon: 07503 882189

Calypso-Calapso *by Perry Deakin*

A winter tour is certainly a long time in the world of test cricket, that's for sure!

Joe Root's boys – the world's number three test side - arrived in the Caribbean having despatched world number one, India, during the English summer and completing a 3 – 0 victory in a rare away series win on 'spin-laden' Sri-Lankan wickets.

Every pundit predicted a comfortable England win against a politically volatile West Indies Team who were having to play youngsters in their test side with a number of their more experienced and destructive players going for the 'hired-gun' life around the world in various T20 franchise teams.

A good sized proportion of these 'expert' pundits predicted a 3 – 0 England victory as we began the build up to this years Ashes series against the old enemy, Australia – 'just a warm up for the big event in late summer UK' they said!

Well – here we are, two tests of the three completed, only seven days cricket actually played and the series already lost – clearly not the stroll everyone was predicting!

The Windies haven't just beaten England comfortably in two test matches, they have completely outplayed, outfought and, frankly, humiliated a side being heralded as 'soon to be the number one test side in the

world', quite honestly England have been an embarrassment to watch.

The sight of a battery of Windies fast bowlers charging in and making English Batsmen hop around the wicket has resulted in Sky Cricket commentators waxing lyrical about the 'old days' when the Windies were blessed with a truly terrifying group of bowlers who blew away everything before them – this, they said, was looking like a return to those halcyon days of West Indies Cricket.

However, I do not believe that this group of clearly talented bowlers are or ever will be up there with the Holding's, Marshall's, Ambrose's or Walsh's of the 70's and 80's – I believe that we have seen an emerging side 'blow-away' an England team who clearly think they are better than they actually are and who, when asked to step-up, failed to show the slightest appetite for a fight once the going got tough and tall fast-bowlers began hurling 90mph deliveries at them.

The England teams' collective lack of heart isn't the only reason to be genuinely concerned about where our test side is going though (although lets not underestimate just how worrying that lack of heart is from our snowflake generation of batsmen), the decision to leave Stuart Broad out of the team for the first test in Barbados defies belief. A wicket which was clearly going to suit tall, fast bowlers was screaming out for 6'5" Broad

(who lets not forget has taken 436 test wickets), however, somehow we managed to make the ridiculous decision of dropping Broad and playing 5'9" Sam Curran (the smallest player in the squad) on a wicket which quite obviously didn't suit him! Now Curran is clearly a very talented cricketer who is going to have a long and successful International career but really – on this wicket – you couldn't make it up.

Root then compounded the error by refusing to accept it was the wrong decision (although Broad returned for the second test and played extremely well) and began making statements which left most of the supporting public less than impressed – come on Joe; tell us who made the decision and accept it was wrong instead of making silly excuses.

There are thousands of England cricket fans who have made the trip to the Caribbean and they deserve better than players appearing to have inflated opinions of their ability, refusing to admit the obvious and playing shots which quite honestly wouldn't belong in Sunday League village cricket, because they don't have the heart to fight – Not good enough England!

Premier No.1 Burton Paving

BLOCK PAVING - PATIO SLABS
LANDSCAPING BRICKWORK - TURFING
FENCING - PRESSURE CLEANING
GRAVEL - TARMACADAM

- NO DEPOSIT REQUIRED
- NO PAYMENT UNTIL COMPLETELY SATISFIED
- 7 YEAR GUARANTEES
- QUALITY YOU CAN AFFORD
- 14 DAY COOLING OFF PERIOD
- REFERENCES AVAILABLE

OFFICE: 01283 295 514 - DIRECT: 07772 006 036

87 Anglesey Road, Burton-On-Trent, DE14 3PF

Email: premier.no.1paving@gmail.com



CW Tree Services



Burton Tree Surgeons, Specialists in Tree Care and Maintenance with over 25 year's experience

Fully qualified to NPTC standard and fully insured for peace of mind

Hedge cutting & maintenance work

Ecology & Recycling - as well as taking trees down, we strive to recycle as much of the tree as possible

Thinning, shaping and pruning - we can deal with all your garden maintenance

Stump grinding service also available

We undertake Local Authority, Private Business and Commercial contracts and also provide services for the general public

Tree surveys & mortgage reports undertaken



Call us today on:

01283 711 702 / 07774 917 385

Email: cwtreeservices@gmail.com

www.cwtreeservices.co.uk

YOU'LL LOVE WHAT WE CAN DO FOR YOUR LOFT



We are specialists in loft ladders and hatches. We also provide boarding, lighting and insulation solutions - all geared towards giving you easy and safe access to your loft.



WHAT MAKES US DIFFERENT

- You don't have to wait around for us to arrive
- You get a minimum 5 year guarantee on all our ladders
- You'll have added peace of mind knowing we are accredited by Which? Trusted Traders
- You could gain up to a third more space
- No mess, no fuss, just safe, easy access to your loft space



Call Sam to book a FREE survey & quotation WWW.ACCESS4LOFTS.CO.UK

01785 595146

WIN!

A £250 Voucher

TOP

FURNITURE

For this month's competition, a lucky readers can win a **£250 Voucher** from **Top Furniture**.

Top Furniture are specialists in high quality oak tables and chairs, bedroom furniture & living room furniture. Many of the designs sold by Top Furniture are designed in house and manufactured by some of the finest furniture manufacturers in the world, so you won't find them anywhere else. Innovative furniture designs are a big factor in Top Furniture's recent growth and you won't find them on other websites or on the high street.

You can find more information and shop their full ranges at: **www.topfurniture.co.uk**

Top Furniture have a new Instagram page to keep you up to date with their latest furniture ranges. They are also going to be offering special deals and discount codes going forward that will be exclusive to Instagram! Follow them at **#topfurnitureuk**

To enter this month's competition, all you have to do is put your *name, address and daytime telephone contact number* on a postcard and send it to:

**Local Links Media,
Top Furniture Competition,
Suite 29,
Anglesey Business Park,
Anglesey Road,
Burton-on-Trent,
DE14 3NT**

Alternatively, you can e-mail your details to:
local@locallinksmedia.co.uk

The closing date for entries is the 12th of March, and the winners will be announced in our April edition.

Good luck to everyone who enters!



Top Furniture
Station Yard
Station Road
Uttoxeter
Staffordshire
ST14 8AX

t: 01889 560999
e: sales@topfurniture.co.uk
www.topfurniture.co.uk
Facebook: @topfurniture
Instagram: #topfurnitureuk



Amethyst
Property Solutions

Mortgages - Protection - Equity Release

We can help with:

Remortgages - Buying your first home - Moving home

Buy To Let Mortgages - Lifetime Mortgages

Life & Health Insurance - Income Protection

Contact your local adviser for more information or to book a home visit.

01283 752 597

07970687062

allan.robertson@amethystpropertysolutions.co.uk



As a mortgage is secured against your home, your home could be repossessed if you do not keep up the mortgage repayments. Amethyst Property Solutions Limited is an appointed representative of Beneficial Life (London) Ltd, which is authorised and regulated by the Financial Conduct Authority, FCA number 736655.

Amethyst Property Solutions Limited is authorised and regulated by the Financial Conduct Authority, FCA number 787369. Company Registered in England and Wales, registration number 10718956

What Will Happen?

by Simon Richardson

There is so much to worry about in the world nowadays, isn't there – for us, for our families and our businesses. There is a maxim "control the controllables" though, and springtime is an ideal time to do something that will guarantee to remove certain worries that you may have.

Do any of these ring a bell? We are a close family but I'm worried about my child's choice of partner. If I leave my inheritance to my child it may be lost to the partner. I've worked so hard to build a nice family home but am worried that I may lose my home to pay care fees. I have step children, so if I die with my spouse without making a will, my own children will get no inheritance from me. I have a child who I haven't seen for years, I don't think he should get anything when I have died. The easy, cheap, failsafe way of controlling these controllable worries isI think you guessed it a while ago – make a will.

For further advice contact: 07495 491328



Often heard - "can I change my deeds to save care fees?" - YES!

Over 30 years' experience in all areas of the law, latterly specialising in:-

- Advice on protecting your home against care home fees
- Asset protection from tax
- Wills
- Lasting Powers of Attorney
- Administration of deceased estates including contested estates
- Property matters including disputes

Telephone: 07495 491328 or

E-mail: richsdr@aol.com

Consultations available at your home for no extra charge

HiQ Burton Now under new management.



FREE
tyre
safety
check.



FREE
health
check &
washer fluid top-up

Massive
MOT Sale*
only **£30**

INTRODUCTORY OFFER: During February and March you'll get 10% OFF when presenting this advert.



HiQ Burton
Unit 4, Crown Industrial Estate
Anglesey Road,
Burton-on-Trent DE14 3NX
01283 561931
www.hiqonline.co.uk/burton-on-trent

**Ask inside
for details.**

HiQ
Tyres & Autocare

Tyres • Exhausts • Brakes • Batteries • Servicing • MOTs

*Discount applied to VOSA recommended retail price £54.85 class 4 passenger vehicles up to 8 seats. Offer valid until 31st March 2019.

E-mail us at local@locallinksmedia.co.uk or call us on **01283 564608** 23

What's On Guide

TUESDAY 19TH FEBRUARY

Burton Dance & Social Club

We invite and welcome anyone over 18 years of age. We meet every Tuesday Evening 8-11pm at Marstons Sports and Social Club, Shobnall Road, Burton-on-Trent. Activities include sequence, ballroom and line dancing to professional live music, bingo, raffles and food nights. Come along and join us and meet new friends. For more information contact Pauline: 01283 519159

Painting for Pleasure

Every Tuesday from 1pm to 3.30pm. Painting for Pleasure is a meeting place for artists to practise their skills in a friendly group. The cost is £12 per month, for the room hire. There are occasional visits and demonstrations from visiting artists, and an annual Christmas lunch. New members are welcome to come along and see for themselves. For more information contact Dave Jones: 07429 074758

WEDNESDAY 20TH FEBRUARY

Burton Amateur Radio Club

Burton Amateur Radio Club meets every Wednesday evening at 7-30pm for nights on the air, construction projects, licence exams at all three levels with one to one tuition if required. New members are very welcome and we meet at Stapenhill Institute 23 Main St, Burton-on-Trent DE15 9AP Contact Bob 07812 146333 www.g3nfc.co.uk or club@burton-arcc.co.uk

Shopping for Memories

A talk given by a Burtonian prestigious Author and Historian : Richard J Stone. This talk is to be held at Burton Library on 20th February 2019, doors open at 7:00pm for a 7:15pm start. Tea/Coffee/squash/water available (no additional charge). A small charge of £3 for non Society members or £2 for members is made to cover the costs of room hire and speakers fees (non profit making event). Accessible venue (Disabled parking, ramp to entrance, and lift available).

Fradley Needlework & Craft Group

Every Wednesday from 1.30pm - 4.00pm at Fradley Village Hall. For anyone who enjoys patchwork, knitting, crochet, cross stitch or any type of craft. Beginners and experts welcome. Instruction available. Contact: 01283 791467

THURSDAY 21ST FEBRUARY

New Beginnings

Mature Singles Friendship Group (55yrs+). If you enjoy the theatre, meals out, walks, cinema, activities, holidays/ outings and general socialising but don't want to do it on your own, then New Beginnings is for you. Come and join us to make new friends. Meeting each Thursday 8pm at Fradley Arms (on A38) - feel free to just come along or contact Sue for further details Tel No: 07742 801681

Rangemore & Tatenhill WI

Meeting at Henhurst and District Recreational Club on 3rd Thursday of every month, starting at 7.30 p.m. Lively and friendly group of ladies meet to enjoy good company, an interesting and entertaining programme of events and refreshments. New members and visitors of all ages welcome. For more information contact Marian on 07752160996

FRIDAY 22ND FEBRUARY

Friendly Fridays

Friendly Fridays, aimed at those living well with dementia and their carers. Brewhouse's cosy cinema space at 1.30pm. We enjoy music with low lighting and controlled sound levels with tea and biscuits.

Latin-in-line Classes

Dance the cha cha, salsa, mambo, rumba etc. NO PARTNERS REQUIRED Intermediate £4.00 followed by NEW BEGINNER'S CLASS 11.15am-12.00pm at the Priory Centre, Church Road, Stretton DE13 0HE. Ring 07598159744 or email: larhiney@hotmail.com for more details

SATURDAY 23RD FEBRUARY

Claymills Victorian Pumping Station

Steaming Days Saturday & Sunday. 10am until 5pm. Guided tours given around one of Britain's largest Victorian steam pumping stations. Magnificent Victorian workshop where you can see steam restoration in action. Videos of the station in steam in the visitor centre. Contact: 01283 509929

SUNDAY 24TH FEBRUARY

Burton Ramblers

Walks most Saturdays, Sundays and every other Wednesday. All walkers welcome to join this friendly local group, walking in Staffs, Derbys and Leics. Please visit our website for more information. www.burtonramblers.org.uk Contact: Burton Ramblers Tel: 07724 352529

Rapper Sword Dance Workshops

Come along and try Rapper Sword Dancing, this is the fastest and most spectacular of all the traditional English dances. We are running a series of beginners workshops. Kings Bromley Village Hall, Alrewas Road, Kings Bromley DE13 7HW from 10 am to 11 am. For more information call Nigel Moss 01283 790088.

MONDAY 25TH FEBRUARY

Burton Art Club

Meets at Stretton Methodist Chapel Main Street, Stretton. Monday evening 7.00pm to 9.00pm We are a lively group who share an interest in art and all abilities are welcome.

TUESDAY 26TH FEBRUARY

Art Classes

1-3pm at Anslow Village Hall. Discover how to paint and draw what you see, use colour with confidence and create beautiful art in a friendly group with a supportive tutor. Beginners welcome. Fees: £11 per class on the day or £9 per class for 6 weeks. For details and to book your place phone 07791 228 881, or email helentarr2002@yahoo.co.uk

WEDNESDAY 27TH FEBRUARY

1st Burton Guides

Every Wednesday Evening. A fantastic unit for girls aged 10-14. They will make friends, grow in confidence and learn lots of new skills. To make it better, all this is done through a wide range of activities, from ice skating to canoeing, and craft to cooking, there is something for every girl! Call: 07794 759608

THURSDAY 28TH FEBRUARY

New Beginnings - Mature Singles

Come and join us to make new friends. Meeting each Thursday 8pm at Fradley Arms (on A38) - feel free to just come along or contact Sue for further details Tel No: 07742 801681

FRIDAY 1ST MARCH

Crib Club

Every Friday at 7.30pm. We are a small friendly club who meet at the Wyggeston Pub, Calais Road, for a game of Crib (or some may know this as Cribbage) and an enjoyable social evening. We are looking for new members either male or female who can already play Crib or anyone who would like to learn how to play.

Tots, Pots & Tales

Fridays at The Mug Tug, Barton Marina. Listen to a story and paint a pot related to the tale. Juice and biscuit for the Tots, Grown-ups welcome to bring their own hot drinks. 1.30pm to 2.30pm - See our website for more details. Call 01283 711341 to book.

SATURDAY 2ND MARCH

Burton Bowls Social Club

Now open every evening! Darts, pool, dominoes, crib and crown green bowls during bowling season. Members, members guests and new members always welcome

SUNDAY 3RD MARCH

Lichfield & District Ramblers

Various routes if you would like to walk with a friendly, organised group, why not join the Lichfield & District Ramblers? We walk every Sunday throughout the year. 01543 491469

Find more events on our website

MONDAY 4TH MARCH

Meditation Class

Weekly Classes of Meditation on Mondays 1pm to 2.30pm and 7.30pm to 9.30pm we are a friendly group who meet for discussion and to meditate with a guided meditation. To join us Contact Kim 07580 551979

TUESDAY 5TH MARCH

Art Classes

Weekly classes at The Horseshoe, Tatenhill. Lessons will cost £10, or £8 if paid a half-term in advance. Please email or phone for further details or to reserve your place. Contact: Helen Tarr Tel: 07791 228 881

WEDNESDAY 6TH MARCH

Burton Abbey WI

Meeting at the Brewhouse on the first Wednesday of the month at 10am to 12 noon. Good Speakers, refreshments, also days out organised. New members welcome. For more information contact Pauline Gaskin 01283 565620

Barton-Under-Needwood WI

1st Wednesday of every month at The Village Hall, Crowberry Lane. Meeting 7.30-9.30 with good speakers, refreshments and fun. Organised events and trips throughout the year. New members and visitors always welcome.

THURSDAY 7TH MARCH

Friendship Circle

Meets at 7.30 pm on the first and third Thursday of every month in the schoolroom at the rear of Stretton Methodist Church. We meet for activities, speakers, trips and friendship. All are most welcome. For further information contact Christine - 01283 543813.

Burton Friendship Club

Meets the 1st Thursday in every month 10am for 10.30am in the Rolleston Club. Join us for speakers, quizzes, games, lunches, coffee mornings, day trips and holidays. Phone Stuart and Penny 01283 716626

Burton Jazz Club

Every Thursday, at Marstons' Sports and Social Club, Shobnall Road, we present some of the best Jazz Bands in Britain, and occasionally Europe. We book as wide a variety of jazz as possible, but are mostly Traditional, Swing and Mainstream. Admission £9 on door from 7.30pm, for 8.30pm start, no membership, all welcome.

FRIDAY 8TH MARCH

Changes Support Meeting

A 12 Step Recovery Programme for Mental Distress, meetings held at Burton twice a week, please contact 01827 311006 for further information. Prior booking only. Peer Support Meeting Peel Croft Surgery, Lichfield Street, Burton 1-30-3.30pm. Wellness Workshops, Wednesdays & Fridays: 9.45-11.45 am Burton Fire Station, Moor Street, Burton.

Bingo at Barton Bowls Club

On the 2nd Friday of every month. Members guests and new members always welcome. Eyes down at 8pm followed by Kids Chocolate Bingo. Come and have a laugh! The more there are, the bigger the prize!

SATURDAY 9TH MARCH

French With Songs

French with songs, games and fun for children nearly 4 - 9 years, Saturday morning classes in Lichfield at the Tesco community room. Baby and toddler class too - learn to sing 'Wind the Bobbin up' in French! Email juliestfrenchclasses@gmail.com.

SUNDAY 10TH MARCH

East Staffordshire Ramblers

Walkers of all abilities are welcome to join us on Wednesdays, Fridays & weekends for walks in Staffs, Derbys & Leics. Visit www.eaststaffsramblers.org.uk or contact 01283 713209.

MONDAY 11TH MARCH

Red & Ginger's Lindy Hop Dance Class

Learn to Lindy Hop, Charleston and swing dance. Suitable for all ages and abilities, for those with a partner or without. Monday nights, 8-9pm term time at St Mary's Church Hall, Hillfield Lane, Stretton, DE13 0BV. hello@dancewithredandginger.com

TUESDAY 12TH MARCH

Branston Womens' Institute

Held the 2nd Tuesday of each month. We are a friendly group and try to mix our meetings with interesting talks, craft, trips and social events. It is for ladies of any age. Visitors are most welcome. Contact Mrs Barbara Reeves, President, Tel. 01283 546536

Walton-on-Trent WI

Every 2nd Tuesday of the month at 7.15pm Walton-on-Trent WI. We are a small friendly group who meet in Walton Village Hall. Come and join us for fun, friendship, learning and sharing. For more information contact Joan on 01283 713380

WEDNESDAY 13TH MARCH

Stretton & Claymills Women's Institute

Meeting in the back room of the Priory Centre, Church Road, Stretton at 7.15pm on the second Wednesday of every month and new members are very welcome. For info www.strettonandclaymillswi.wordpress.com or strettonandclaymillswi@gmail.com

Priory Art Group

We are a small friendly group of artists meeting at the Priory Centre, Church Road, Stretton, every Wednesday morning, 9.30 to 12 noon. New members are always welcome, whatever your level of experience, so why not come and have a chat to see what we have to offer. Contract Sandra: 01283 329743

Lichfield U3A

2nd Wednesday of each month. These start at 2pm in the city's Guildhall and we are always pleased to welcome new or prospective members. Please see our website u3asites.org.uk/lichfield or call our enquiry desk on 07510 634476.

Quiz

Every Wednesday evening at Rolleston Club. Weekly free quiz, open to members and non members. Prize is six drinks tokens. There is a play your cards right game for £1 entry. Contact: Claire Tel: 01283 812072

THURSDAY 14TH MARCH

Burton Belles Women's Institute

From 7.15pm-9.30pm. We meet at the St Chads Centre DE14 2SS on the 2nd Thursday of the month. First timers can visit for free. £4 a month or £41 a year. Come along, make new friends, try something new and have fun. Contact: Wendy Plant Tel: 07772 548230

FRIDAY 15TH MARCH

Barton Bowls Social Club

Now open every evening! Darts, pool, dominoes, crib and crown green bowls during bowling season. Members, members guests and new members always welcome

COMPETITION WINNERS

Congratulations to our **Fireplace Gallery** competition winner, who has won a £200 Voucher:

Ella Middlemiss, Burton-on-Trent

Look out elsewhere in **LOCAL LINKS** this month to win a £250 Voucher from Top Furniture

LAST MONTH'S SUDOKU PUZZLE SOLUTION

3	4	2	5	8	1	7	6	9
6	9	8	7	2	4	1	3	5
5	1	7	3	9	6	4	2	8
2	3	9	1	6	5	8	4	7
1	6	5	4	7	8	3	9	2
8	7	4	2	3	9	5	1	6
7	8	1	6	4	2	9	5	3
4	2	3	9	5	7	6	8	1
9	5	6	8	1	3	2	7	4

Professional Upholstery & Carpet Cleaning

Commercial and domestic specialists



- Reliable •
- Honest •
- Friendly •

CARPETS DRY WITHIN AN HOUR!

- ✓ Carpets, Sofas, Curtains, Leather, Hard Floors
- ✓ Curtains cleaned on-site
- ✓ Family business, established 14 years
- ✓ Safe non-toxic products

READY FOR THE SPRING CLEAN?

www.stainbusterseastmidlands.co.uk

Call Tim for a FREE no obligation quote:

T:01283 531997 / M:07961 488893

LADY PLUMBER

A Pipe Dream

A Pipe Dream provides a full range of all plumbing and heating services - from installing the bathroom suite of your dreams, replacing your boiler, to fixing that leaking joint that has been bothering you for ages!



If you need a fully qualified plumber or gas engineer you can trust, give Abi a call.



T: 01283 716 352

M: 07976 705 189

www.apipedream.co.uk



EASY GLIDE

GARAGE DOORS

The EASY GLIDE Garage Door is an exceptional garage door system - THE BEST IN THE UK.

Open and close the door at the push of a button from within the comfort of your car. Our automatic garage doors enhance the look of your property and have great thermal values keeping our property warmer.

We take out your old door, remove from site and replace with a new insulated electric roller door complete with 2 remote controls ...

FOR ONLY **£649**

Based on a white door 7ftX7ft



Black



Nut Brown



White



Golden Oak



Anthracite Grey

Unit 11, Falcon Business Centre, Hawkins lane,
Burton on trent DE14 1SG

01283 480 505

www.easyglidegaragedoors.co.uk



SMITH
PARTNERSHIP
SOLICITORS

SUFFERED AN INJURY THAT WASN'T YOUR FAULT?

OUR EXPERTS



David Clark



Simon Rowley



Anna Mcleod



Please quote CoMag19 when contacting us.

Working with Smith Partnership is as *simple as* **0330 123 1229**

OFFICES IN:
Derby, Burton, Leicester, Stoke & Swadlincote
www.smithpartnership.co.uk

@smithpartnership @smithship





JNJ Construction Midlands Ltd

Building & Joinery Contractors
 Extentions & Alterations
 Kitchens, Bathrooms, Tiling & Natural Stone
 Windows, Doors and Conservatories
 Drives, Patios and Fencing
 Plumbing, Heating & Electrical
 Property Maintenance



3 The Square, Mosley Mews, Rolleston on Dove
01283 845183 07946 497199
www.jnjconstructionco.co.uk



*Your Local Hardfloor
 Specialist Showroom*

- ✓ Over 300 Laminates and 100 Real Wood designs on display
- ✓ Quickstep laminate
- ✓ Vinyl Click Flooring
- ✓ Coretec waterproof flooring
- ✓ Karndean
- ✓ Treatex Hardwax Oil
- ✓ Underfloor Heating
- ✓ Adhesives & Threshold Trims
- ✓ Carpet & Vinyl
- ✓ Fitting Service
- ✓ Open to Trade and Public

Home of Floors, Unit 2, Burton Enterprise Park,
 Hawkins Lane, DE14 1QG
 (next to Herron Windows,
 opposite Speedy Hire)

01283 544 486



www.homeoffloors.co.uk



ScarsdaleVets

**What to expect when you're
 pet-specting ...**

We are here to support
 you becoming a
 first-time
 dog or cat parent.

**4 weeks
 FREE
 insurance**
 (for dogs and cats
 under 12 months)

**FREE pet
 goody bag**
 (if you book
 before March
 31st)

Book your
FREE

New Pet Check
 for a puppy,
 kitten or
 newly adopted dog
 or cat today!



**Stapenhill Practice, 90 Spring Terrace Road, Stapenhill, Burton-on-Trent,
 DE15 9DX
 01283 568162**

**Stretton Practice, 36 The Green, Stretton, Burton-on-Trent, DE13 0EQ
 01283 565333**

scarsdalevets.com/petspecting

Eat The Seasons: Leeks *by Rebecca Tucker*

With St David's Day just around the corner, it's time to celebrate the humble leek! Here are just a few reasons to include this versatile vegetable on your shopping list.

Protects Blood Vessels:

Leeks contain a flavonoid called kaempferol which protects the lining of blood vessels and stimulates the production of nitric oxide. This allows blood vessels to dilate, rest and relax, reducing the risk of high blood pressure.

Detoxifies Your Skin:

Leeks are a natural diuretic and help detoxify your skin by trapping harmful substances and flushing them out of your body. This cleansing action helps your skin appear radiant.

Protection from Sun Damage:

Remember to eat the green part of leeks too! The leaves contain 100 times more beta-carotene and twice as much vitamin C as in the white parts. Beta carotene can be converted to vitamin A in the body. This, combined with vitamins C and E as well as the other powerful antioxidants found in leeks, can help protect skin against the harmful ultraviolet rays of the sun.

Gut Health:

As a prebiotic, leeks provide food for our friendly gut bacteria helping to promote a healthy gut. They also aid digestion, stimulating and strengthening the stomach, kidneys and gut.

Leek and Amaranth Cheesy flapjacks

Makes 16

INGREDIENTS

75g amaranth seeds

75g butter

1 leek, washed, cut in half and finely sliced

2 sprigs rosemary, leaves picked and finely chopped
a pinch of chilli powder (optional, to taste)

175g jumbo oats

200g mature cheddar, grated

2 eggs

METHOD

Heat the oven to 180C/ fan 160C and line a shallow 22 x 30cm baking tin with baking paper.

Take a large deep frying pan with a lid, place on a high heat and leave for a few mins to get really hot. Sprinkle just a few seeds of amaranth into the pan and cover with the lid – they should pop in just 2-3 secs. If it takes any longer they will burn before they burst, so leave the

pan to heat a little longer.

Once the pan is hot enough, add a heaped tablespoon of the amaranth and cover. Shake the pan back and forth to swirl the seeds about as they pop and after a few seconds tip them into a bowl. Repeat until you have puffed all the amaranth.

Wipe out the pan then add the butter, leek and rosemary, seasoning with a little salt and pepper, and chilli powder, if using. Put back over a low heat and let the leek soften for 5 mins.

Turn off the heat and stir through the popped amaranth, oats, cheese and eggs and mix together thoroughly. Tip the mixture into the prepared tin and press firmly down with the back of a spoon.

Bake in the oven for 25 mins until deep golden brown. Carefully lift the flapjack out of the tin – holding onto the baking paper – onto a chopping board. Cut into 16 pieces and allow to cool.

Rebecca Tucker is a Registered Nutritional Therapist practising at The Natural Healthcare Centre in Burton. For more information visit www.nourishbalanceglow.com



LOCAL LINKS SUDOKU

						9		
	8				9	2	6	
		9	6		5			
1		8		5	4			9
		3				6		
2			1	6		4		5
			9		3	1		
	4	1	2				9	
		6						

Sudoku is a logic puzzle where you follow one simple rule:

Simply fill in the boxes so that the nine rows, the nine columns, and the nine 3x3 squares all contain every digit from 1-9.

LLS-75-15



Rescuing and rehoming Collies and Collie crosses throughout the UK from our base in Colton, Rugeley, Staffs.

Up to 40 dogs always looking for new homes. Donations gratefully received. Subscribe to our quarterly magazine or join our Support Scheme or Sponsor A Dog Scheme (a unique gift to celebrate a special occasion for any collie lover).

Volunteer dog walkers welcomed.

Boarding kennels also available

For more information visit our website

www.bordercollietrustgb.org.uk or

contact our office on 01889 577058



- Block paving & patios
- Tarmac driveways
- Fencing
- Retaining walls

- General landscaping
- 10 year guarantee
- No deposits required until completion.

T: 01283 329711

M: 07956 149399

E: premierburton@gmail.com

W: www.burtonpavingandlandscaping.co.uk



3 Horninglow Road North
Burton-Upon-Trent
Staffordshire
DE13 0SL



SALE NOW ON! - SALE NOW ON! - SALE NOW ON!



T: 01283 535421 **E:** sales@homeandtrade.co.uk
W: www.homeandtrade.co.uk
Electric Street, Burton-on-Trent, DE14 1RQ

— T.C.HARRISON FORD BURTON —

WE NOW SELL USED VANS!



Find out more at: tch.co.uk



T.C.Harrison Ford

"There's no comparison"

0333 240 7177

Horninglow Street, Burton on Trent, DE14 1NR

For more information

visit tch.co.uk



0% APR REPRESENTATIVE*

FINANCE NOW AVAILABLE ON NEW FORD RANGERS

Find out more at: tch.co.uk



T.C.Harrison Ford

"There's no comparison"

0333 240 7177

Horninglow Street, Burton on Trent, DE14 1NR

For more information

visit tch.co.uk



Vehicles must be contracted by 31st December 2018 and registered before 30th June 2019. Prices apply to stock vehicles only. Subject to availability. For full terms and conditions please contact your local T.C. Harrison dealership. Images are for illustration purposes only. Official fuel consumption figures for the vehicles listed in the advert can be obtained in writing from your local T.C. Harrison dealership. T.C. Harrison Group Limited, Milford House, Mill Street, Bakewell, Derbyshire, DE45 1HH acts as a credit broker in relation to financial products and not a lender. We work with a number of carefully selected credit providers who may be able to offer you finance for your purchase. We are only able to offer finance products from these providers who may reward us for introducing you to them. T.C. Harrison Group Limited is authorised and regulated by the Financial Conduct Authority, FCA Reg. No. 312522.